

From the Youth Office

Nadia Gundert, Coordinator

This Summer did not turn out quite as we had planned, but, thankfully, we had the opportunity to provide a virtual Totus Tuus summer camp. We were able to hire our young adult missionaries -- Mikaela, Hilton, Jude, Rebecca, Hannah, Abby, and Reuben -- to create online content for young people across the Archdiocese. What a blessing! It was a big learning curve technologically, but what fun we had creating entertaining faith-filled content. Our theme for the summer camp was 'Totus' Got Talent', celebrating everyone's God-given gifts. Each day, new camp content was shared with participants. On Scripture Sundays, one of the missionaries provided a scripture reflection on our theme. On Music Mondays, we shared music videos of favourite Totus Tuus Camp songs, including 'Rise & Shine', 'The Banana Song', and 'Making Melodies', as well as praise and worship covers. On Talent Tuesdays, campers were given a different challenge for each of our themed weeks: music challenge, baking challenge, artistic challenge, and active challenge. Talent Tuesdays also featured a Totus Tuus Theatre - one of the highlights of summer camp for sure! Our missionaries did an extraordinary job prepping funny and faith-filled skits for our campers! On Witness Wednesdays, Abby (and Squish and Squash) interviewed our missionaries about their



faith, gifts, and talents, and also did an interview of a different clergy member each week. We got to know Father Jan Kusyk, Father Francis Zambon, Deacon Michel Quenneville, and Father Justin Pulikunnel, as we heard their vocation stories and learned about their particular gifts. On Teen Thursdays, we had a virtual teen night with games, discussions, and sharing by our missionaries. On Fun Fridays, we had some awesome activities, including cookie baking live, making watermelon Rice Krispie treats, a live paint class, and some videos of Friday activities in years past, including water fights and sliming / human sundae missionaries.

Throughout the week, we also shared lots of craft and activity ideas to do at home. On Fridays, we had a virtual camp Mass celebrated by a priest from each of our four deaneries. Every afternoon at 1 p.m., we prayed a decade of the rosary live and offered up the prayer intentions of campers and parishioners. To wrap up the camp season and highlight the gifts and talents of our young people, we held a 'Totus' Got Talent' finale talent show. Young people from across the Archdiocese submitted videos and pictures demonstrating their God-given talents. Incredible! You can view the 'Totus' Got Talent' finale show and find much of the camp content on our website www.romancatholic.kingston.on.ca/virtualcamp. We will keep these activities and videos up for the next few months so that they can be readily accessed. Feel free to share any of our content! We received many beautiful emails from campers and parents who enjoyed participating in virtual camp with us. While we missed seeing your smiling faces in person, it was a joy to be able to reach out to you virtually. Thank you for joining us.

As we continue to navigate this pandemic, I will post online faith resources for youth and families on our social media accounts and website. Check out www.romancatholic.kingston.on.ca/outreach. There will also be some virtual or socially distanced opportunities for young adults coming up in the coming months. We will be launching some virtual discussions, as well, for parents and young people on various topics. Stay tuned!

Please feel free to reach out to me anytime if there is anything that I can do for you, whether you are looking for a resource, looking to connect, or have any questions or inquiries.

Many blessings to all of you and prayers for a happy and healthy Fall.



 ARCHDIOCESE
KINGSTON



Stay Connected

**YOUTH OFFICE
SOCIAL MEDIA**

Facebook & Instagram @youthofficekingston
Twitter @archkingstonYO
Youtube - Archdiocese of Kingston Youth Office
www.romancatholic.kingston.on.ca/youth

   